

Terms to Know: SUBLUXATION: a misalignment and/or restriction of a bone/joint causing interference or pressure on nerves resulting in decreased health. ADJUSTMENT: a specific, scientific force applied to a joint in a precise direction to assist the body in bringing correction of subluxation.

Personal Information

Name (First, MI, Last): _____ Nickname _____
Gender: M / F Birthday: ___/___/___ Phone: _____ Email: _____
Street Address: _____ City, State, Zip: _____
Marital Status: S M W D Spouse's Name: _____ Medicare Subscribe? Y / N Occupation: _____
Emergency Contact Name/Relation/Phone: _____ Any Children? ___ Ages? _____

History & Purpose of Visit

Do you smoke? Y / N If smoke, how long? ___ How much? ___
Ever had Chiropractic before? Y / N If yes, when? ___ Where? ___ FEMALE: pregnant? ___ Due date: ___

Reason(s) you are here: _____ When did symptoms start? _____

How did symptoms start? _____ Anything make it Better? _____ or Worse? _____

Time when it's Worse? _____ Radiate into Arms or Legs? _____ Feels: Numb/Tingling Achy Sharp Dull Stiff/Sore

Health Review - place X table with columns for Self, Spouse, Children, Family and rows for various health conditions like Heart/Vascular Problems, ADHD, Allergies, etc.

Previous SURGERIES (w/years): _____ Hardware in body? Y / N

Taking medications? Type/Reason taking: _____

Under the care of another Doctor? Y / N If Yes, why?: _____ Had spine x-rays taken before? Y / N When? _____

ANY other HEALTH DETAIL(S) or ACCIDENTS to share?: _____

*Infant/Child patient: Induced/Early Birth? ___ C-sec? ___ Irritable infant? ___ Traumas? ___ All shots? ___ Other: _____

Patient/Guardian Signed Name _____ Date _____

(Office Use Only)

**Circles/remarks made ONLY on completed exam procedures. If NO circles/remarks present or if sections crossed-off then procedure was NOT completed.

CspROM: Flx/Ext Rot LatB Csp Comp: Neg Pos (Radicular ___) Pain R L Csp Foraminal Comp (Bilat): Neg Pos (Radicular ___) Pain R L
Pain CspROM: Y / N Csp Distrct: Neg Pos (Relieves) Pain R L Modified Slump: _____ Pain R L

T/Lsp ROM: Flx/Ext Rot LatB Lsp Sit SLR: Neg Pos (Radicular R L B) Pain R L other: Upper Csp Temp Test: _____
Pain T/Lsp ROM: Y / N Valslva: Neg Pos (Radicular R L B) Pain R L Posture changes: _____

Rflx: Rt: All 2/2 C5 C6 C7 All 2/2 L4 S1 Motor: Rt: All 5/5 C5 C6 C7 All 5/5 L4 L5 S1 Sensory: no changes
Lft: All 2/2 C5 C6 C7 All 2/2 L4 S1 Lft: All 5/5 C5 C6 C7 All 5/5 L4 L5 S1 Other: _____

Other: Temp Scan X-ray Index Extremity ROM/Check _____

Assym: Csp 0 1 2 3 4 5 6 7 Tsp R1 1 2 3 4 5 6 7 8 9 10 11 12 Lsp 1 2 3 4 5 Sac LI RI
CO UCsp MCsp LCsp C/T UTsp MTsp LTsp T/L MLsp LLsp L/S Sac lium

Tone Chnge: Subocc C p/s LScap/Trap Rhomb Tp/s Lp/s Glut/Piriform Leander focus: FS Csp / Tsp / Lsp / Pelv

POP: Csp Tsp Lsp Sac/Pelvis ISD: Rt UE Shldr/Elbow/Wrist-Hand Rt LE Hip/Knee/Ankle-Foot Charette _____

Short Leg: R L ___ inch Lft UE Shldr/Elbow/Wrist-Hand Lft LE Hip/Knee/Ankle-Foot PNF or Tggr pts _____

Techniques: Various 1.MPI 2.Diversified 3.Leander 4.Drops 5. Instrument 6.Y-Axis 7. Extremity 8. Infrared _____

DX: VSC (minimum circle one) M99.01 (Csp) M99.02 (Tsp) M99.03 (Lsp) M99.04 (Sac) M99.05 (Pelv) M99.07 (UE) M99.06 (LE) M99.00 (Occ) M99.08 (rib)
Other: M62.838 (other) TX (adjust): _____; 98940; 98941; 98943; S8990; 97026; 97012; _____

Adjust FS per clinical findings Rec ICE or HEAT Rec Medical Visit Rec other: Daily ROM, Diet changes, Quit smoke, Pharm review

Rec: 10x/4-6 wks 4-6x/2wks 4x/2wks 3x/2wks 2x/2wks 1x/2wks 1x/wk for ___ wks ___/wk for ___ wks

Other: See Suggested care form No care suggested

Tim Sullivan DC Date

Functional Goals Survey

Date: _____

Please give details for each question so we can better understand your health challenge(s).

What health challenge(s) brings you in today? _____

How many doctors have you seen for this condition(s)? _____

What medications/supplements/therapies/treatments did they prescribe/recommend for you?

Has what you've done to date for your condition helped?

Yes, a lot

Yes, some

No, not at all

Indifferent

What are 2– 3 activities you can no longer do or are struggling to do because of this condition? *Please be specific.*

1. _____

2. _____

3. _____

What is your honest vision of your life in the next few years if this problem continues to progress?

What would be different &/or better in your life without this problem? Please be specific.

What is your biggest fear if this condition continues to progress? _____

What would success mean to you in our office? _____

On a scale of 0-10, knowing that to achieve results it takes consistency & time, how serious and committed are you about fixing your condition? Please be honest with your answer.

Not Serious 1 2 3 4 5 6 7 8 9 10 Totally Committed

Patient Name: _____

DOB: _____