

Terms to Know: SUBLUXATION: a misalignment and/or restriction of a bone/joint causing interference or pressure on nerves resulting in decreased health. ADJUSTMENT: a specific, scientific force applied to a joint in a precise direction to assist the body in bringing correction of subluxation.

Updated Personal Information

Name (First, MI, Last): \_\_\_\_\_ Nickname \_\_\_\_\_

Gender: M / F Birthday: \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Street Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Marital Status: S M W D Spouse's Name: \_\_\_\_\_ Medicare Subscribe? Y / N Occupation: \_\_\_\_\_

Emergency Contact Name/Relation/Phone: \_\_\_\_\_ Any Children? \_\_\_\_ Ages? \_\_\_\_\_

History & Purpose of Visit Have you been adjusted since last visit here? \_\_\_\_ If yes, when? \_\_\_\_\_ Where? \_\_\_\_\_

Health changes since last visit: \_\_\_\_\_ Smoker? \_\_\_\_ FEMALE: pregnant? \_\_\_\_

Reason(s) you returned: \_\_\_\_\_ When did symptoms start? \_\_\_\_\_

How symptoms started? \_\_\_\_\_ Anything make it Better? \_\_\_\_\_ or Worse? \_\_\_\_\_

Time when it's Worse? \_\_\_\_\_ Problems in Arms or Legs? \_\_\_\_\_ Feels: Numb/Tingling Achy Sharp Dull Stiff/Sore

Health Review - place X table with columns for Self, Spouse, Children, Family and rows for various health conditions like Heart/Vascular Problems, ADHD, Allergies, etc.

Previous SURGERIES (w/years): \_\_\_\_\_ Body Hardware? Y / N

Medications/reason? \_\_\_\_\_

Under the care of another Doctor? Y / N If Yes, why?: \_\_\_\_\_ Had spine x-rays taken before? Y / N When? \_\_\_\_\_

Other notable HEALTH DETAILS/ACCIDENTS: \_\_\_\_\_

\*if Infant/Child patient: Induced/Early Birth? \_\_\_\_ C-sec? \_\_\_\_ Irritable infant? \_\_\_\_ Traumas? \_\_\_\_ All shots? \_\_\_\_ Other: \_\_\_\_\_

Patient/Guardian Signed Name \_\_\_\_\_ Date \_\_\_\_\_

(Office Use Only)

\*\*Circles/remarks made ONLY on completed exam procedures. If NO circles/remarks present or if sections crossed-off then procedure was NOT completed.

CspROM: Flx/Ext Rot LatB Csp Comp: Neg Pos (Radicular) Pain R L Csp Foraminal Comp (Bilat): Neg Pos (Radicular) Pain R L

T/Lsp ROM: Flx/Ext Rot LatB Lsp Sit SLR: Neg Pos (Radicular R L B) Pain R L other: Upper Csp Temp Test: Posture changes:

Rflx: Rt: All 2/2 C5 C6 C7 All 2/2 L4 S1 Motor: Rt: All 5/5 C5 C6 C7 All 5/5 L4 L5 S1 Sensory: no changes

Lft: All 2/2 C5 C6 C7 All 2/2 L4 S1 Lft: All 5/5 C5 C6 C7 All 5/5 L4 L5 S1 Other: \_\_\_\_\_

Assym: Csp 0 1 2 3 4 5 6 7 Tsp R1 1 2 3 4 5 6 7 8 9 10 11 12 Lsp 1 2 3 4 5 Sac LI RI

Tone Chnge: Subocc C p/s LScap/Trap Rhomb Tp/s Lp/s Glut/Piriform Leander focus: FS Csp / Tsp / Lsp / Pelv

POP: Csp Tsp Lsp Sac/Pelvis ISD: Rt UE Shldr/Elbow/Wrist-Hand Rt LE Hip/Knee/Ankle-Foot Charette

Short Leg: R L inch Lft UE Shldr/Elbow/Wrist-Hand Lft LE Hip/Knee/Ankle-Foot PNF or Tggr pts

Techniques: Various 1.MPI 2.Diversified 3.Leander 4.Drops 5. Instrument 6.Y-Axis 7. Extremity 8. Infrared

DX: VSC (minimum circle one) M99.01 (Csp) M99.02 (Tsp) M99.03 (Lsp) M99.04 (Sac) M99.05 (Pelv) M99.07 (UE) M99.06 (LE) M99.00 (Occ) M99.08 (rib)

Other: M62.838 (other) TX (adjust): ; 98940; 98941; 98943; S8990; 97026; 97012;

Adjust FS per clinical findings Rec ICE or HEAT Rec Medical Visit Rec other: Daily ROM, Diet changes, Quit smoke, Pharm review

Rec: 10x/4-6 wks 4-6x/2wks 4x/2wks 3x/2wks 2x/2wks 1x/2wks 1x/wk for wks /wk for wks

Other: See Suggested care form No care suggested Tim Sullivan DC Date Page 2

# Functional Goals Survey

Date: \_\_\_\_\_

Please give details for each question so we can better understand your health challenge(s).

What health challenge(s) brings you in today? \_\_\_\_\_

How many doctors have you seen for this condition(s)? \_\_\_\_\_

What medications/supplements/therapies/treatments did they prescribe/recommend for you?

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Has what you've done to date for your condition helped?

Yes, a lot

Yes, some

No, not at all

Indifferent

What are 2– 3 activities you can no longer do or are struggling to do because of this condition? *Please be specific.*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

What is your honest vision of your life in the next few years if this problem continues to progress?

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What would be different &/or better in your life without this problem? Please be specific.

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What is your biggest fear if this condition continues to progress? \_\_\_\_\_

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What would success mean to you in our office? \_\_\_\_\_

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On a scale of 0-10, knowing that to achieve results it takes consistency & time, how serious and committed are you about fixing your condition? Please be honest with your answer.

Not Serious    1    2    3    4    5    6    7    8    9    10    Totally Committed

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_